

ICSGV PRESCHOOL NEWSLETTER

MESSAGE FROM THE DIRECTOR MRS. SHABANA SYED



Little Angels
PRESCHOOL

JANUARY NEWSLETTER 2023

Assalamu Alaikum Dear Parents:

I pray that you all have had an opportunity to rest and relax with your family and friends. In shaa Allah 2023 brings happiness and blessings for everyone. After a break, it is very common for the children to have separation anxiety and it might take them a few days to get back into their preschool routines. This is nothing to be concerned about and we ask you to please keep your drop off routine brief and try not to linger too long. This will help the child to calm down faster and allow the teachers to focus on the children and help them to settle into their day.

Yehia Omar was our next presenter. He is an Entrepreneur and he taught children how to earn money and manage them. He taught kids about being smart while spending and created a grocery store where kids got to experience being customers and cashiers. They even got to tag prices for the items. The children enjoyed the experience of running a store.

To wrap up this theme I would love to applaud all the presenters for November and December theme "Community Helpers" who shared their jobs with our students. This was one of the best years where every parent participated in the presentation and we all loved and learned a lot from each profession. I would like to extend a special thank you to all families who volunteered and made this an amazing experience! We ended the year 2022 by watching **Toy Story movie** and having yummy lunch together.

I am looking forward to our first month of the 2023 school year and our batteries are fully recharged. I am sure your children are all ready to see their friends and to settle into our routine again!

January is always an exciting month and I love the continuous focus on learning in the classroom. We will continue to focus on phonics and numeracy practices. This month's theme is "**Animals Everywhere**". This month we will get a visit from our local **Fire Fighters** on January 10th. Our next field trip will be on January 12th to **Los Angeles Zoo**. Children are excited to learn about different animals and their habitats.

IMPORTANT REMINDERS:

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| 1 | • January 2nd: NO SCHOOL |
| 2 | • January 10th: Fire Fighters Visit |
| 3 | • January 12: Field Trip- Los Angeles ZOO |
| 4 | • January 16th: ML King Jr Day: NO SCHOOL |
| 5 | • January 18th: Making Bread |
| 6 | • January 27th: Upkeep/PD-NO SCHOOL |



DECEMBER ACTIVITIES



OSMAN WARAICH



RABIA REHMAN



FIDA SALAMAH



YEHIA OMAR



LITTLE CHEFS-MAKING COOKIES



MOVIE TIME: TOY STORY



INDOOR ACTIVITIES TO KEEP YOUR CHILD ACTIVE THROUGHOUT WINTER

Not only is it important for your child to keep busy throughout the winter, but it's just as crucial that they are busy doing healthy activities. Here are 8 activities that you and your kids can do together:

1. Board Games

Whether you choose to bring out the board games during the days, or on cozy Friday nights, your children will get big benefits out of this special family time. Board games will encourage your child to be competitive, motivated, and determined, and it will teach your little one valuable skills, such as:

- Social skills
- Decision making
- Problem-solving
- Goal orientation

2. Indoor Obstacle Course

In the summertime, it is easy to get your child to blow off steam through countless outdoor activities. Keeping their activity levels up during the winter is more complicated. Luckily, creating an obstacle course for your kid is easy and it will provide endless hours of fun, challenge them, and promote their physical well-being during those days when it's just too cold to venture outside for a walk or other forms of activity.

3. Create a Storybook

Nurturing your child's creativity will be invaluable as they move forward in life. Promoting creative thought and expression has been shown to develop cognitive thinking, boost self-confidence, and build emotional health. Creating a storybook filled with interesting characters, colorful drawings, and an original plot is an excellent method of creative self-expression for your child and it will also be fun to reminisce over when they reach adulthood.

4. Arts and Crafts

Sure, arts and crafts can be messy, but children of all ages love them, and this is an excellent indoor activity that will promote your little one's development in a few areas and enhance skills such as motor and coordination skills, creativity, decision making, critical thinking, and even their academic ability. Whether you opt for baking, painting or drawing, or even creating cards for family members and friends, these activities will allow your child to become more independent and learn useful skills that will help them later on in life.

5. Learn Something New

Children are incredibly curious and love to learn new things. The more that your child learns, the more likely they will find something they are passionate about. There are so many things that you and your child can discover together and have fun doing so. Here are a few of our favorites:

- Magic tricks
- Origami
- DIY lava lamp
- Build a bird feeder
- Safe science experiments
- Learn a musical instrument
- Learn a second language

6. Bake Some Goodies

In life, some of us are better at cooking than others. While part of the skill likely does come from natural ability, most of it comes from working and improving our cooking skills over time. Starting your child off early with basic baking and cooking skills can develop their love of food and cooking from a young age. The best part? Your home will smell amazing, and you and your child will have some delicious sweet treats to snack on after!

7. Put On a Play

Turn your living room into a magnificent theatre for your family. Have your child create their costumes, write their script, and set up the theatre for you and your family to enjoy! Snuggle up next to your cohorts in the audience (stuffed animals), and enjoy watching your child express their creativity in a fun, healthy way.

8. Clean the House

While not the most fun activity for you or your child, cleaning the house is something that needs to get done. Picking up their toys, vacuuming, dusting, and mopping are essential tasks in your home that will teach your children the value of being responsible. Having trouble getting your children to clean up? Try turning it into a game such as "beat the clock" or "race mom to finish a similar task" to get your child more engaged.

AT HOME ACTIVITIES

Learning At Home Activities: Sort it Out!

- 1) Find groups of miscellaneous objects around the house
 - These objects could be silverware, cereal, M&Ms, jelly beans, plastic dishes, toys, blocks, leaves, sticks, and straws!
- 2) Encourage your child to sort objects into groups by size, shape, color, texture, and taste!



Estimated Time: 15-20 minutes

Materials:

Miscellaneous objects around the house

Subject: Sensory and math



APPLESAUCE IN THE CROCK POT

- 6 medium apples
- 1/3 Cup water
- 1/2 Cup sugar
- 3/4 teaspoon cinnamon

Have adult peel and cut apples in chunks. Place in crock pot. Add water, sugar, and cinnamon to apples and stir together. Cover and cook on low 8 hours. If you want chunky applesauce leave as is. If you'd prefer smooth blend with a hand blender or pour into blender and blend until smooth.

