

LITTLE ANGELS PRESCHOOL NEWSLETTER

AUGUST NEWSLETTER 2021

Message from the Director Mrs. Shabana Syed

Assalamualaikum Dear Parents,

WELCOME, I extend a warm welcome to all our new families and little ones joining us. I thank you for allowing me the opportunity to share these very precious years with you. I can't believe we are coming to the end of summer already! We have had so much fun playing and growing together. My heart is heavy as we will be saying goodbye to a few of our friends this month. Aila and Selman will be venturing off to Kindergarten. We will miss them and wish them a fun and successful new school year.

I try to keep communication open with parents through our monthly newsletter, whatsapp parents group, notes and notices sent home and, of course, verbal contact at drop off and at pickup time. Please feel free to stop in my office with questions. I will be happy to discuss questions or concerns with you. As the children get settled, we look forward to another rewarding school year filled with the excitement and discovery of early childhood!!!

REGISTRATION FOR 2021-2022

Registration for the 21-22 school year is open to everyone. Registration fee is \$150. Spots are filling up. Your child is not enrolled until the registration packet is dropped off and is paid.

AUGUST 6TH-20TH

(INSERVICE/UPKEEP DAYS)

AUGUST 23TH -27TH

(INSERVICE/UPKEEP DAYS)



FUN WAYS TO KEEP YOUR CHILD ENGAGED IN LEARNING THIS SUMMER

Summer offers unique opportunities for children to learn through fun, multi-sensory experiences. During the summer months, we provide many opportunities for students to explore their interests, learn to their full potential, and express themselves creatively. These hands-on experiences lead to growth in all areas of development as children transition into elementary school and beyond.

In the classroom we take advantage of the warm summer weather by strengthening their gross motor skills. They practice pedaling on a tricycle, throwing and catching balls, and walking on balance boards.

At home: Play, follow the leader around your neighborhood or at a nearby park. Have your child try skipping, galloping, hopping, marching and jogging.

I also make reading and writing more engaging and fun by moving learning outdoors. For example, our older preschoolers go on a nature walk, write about their experience in their journals, and share their journal entries with the class.

At home: Increase your child's interest in sketching by bringing various writing materials outside, such as crayons and paper or colored sidewalk chalk. Ask your child to draw and label what he sees.

COVID-19 POLICY

The Health Department as well as Community Care Licensing will not let us attempt to distinguish whether the symptoms are caused by COVID-19 or another cause, such as allergies, upper respiratory infection or a common cold. Any of the symptoms listed on the "Safer Practices and Sick Child Amendment –COVID-19" form will prevent a child from attending school. If you need another copy of the form please let me know. We all need to work together to keep everyone safe and healthy at our center.



IMPORTANT

PARENTS, BY LAW YOU ARE REQUIRED TO SIGN YOUR CHILD(REN) IN AND OUT EVERY-DAY THEY ARE IN SCHOOL. PLEASE USE YOUR LEGAL SIGNATURE. REGARDLESS IF IT IS READABLE OR NOT, AS LONG AS IT IS YOUR USUAL WAY OF SIGNING YOUR NAME. NO ONE UNDER THE AGE OF 18 IS PERMITTED TO SIGN YOUR CHILD IN OR OUT. THE SIGN IN/OUT SHEETS ARE LEGAL DOCUMENTS. PLEASE DO NOT LET YOUR CHILD 'SIGN' ON THEM. AS OF NOW CENTER DIRECTOR IS SIGNING IN AND OUT TO AVOID PARENTS CONTACT WITH OTHER CHILDREN AND MINIMIZE THE EXPOSURE OF INFECTION.

CONTRACT INFORMATION

Please note, in your signed contract, it states: no refunds for illness or holidays. The preschool does not give credit for days missed due to illness, holidays, or other reasons

You will receive a NEW handbook during registration, please take the time to read the handbook to learn the Little Angels Preschool policies, rules and regulations.

If your child will not be in school for the day, please call the school.

Vacation requests must be in 2 weeks prior to start.

ILLNESS POLICY

Daily Health Check- Upon drop-off, I will ask if you or anyone in your household has been ill. I will also take your child's temperature before entering their class. If the child's temperature is above 100 degrees, they will not be allowed to attend school. Children should be fever free without medication for 24 hours prior to returning to school. If a case of Covid-19 arises, the staff or child with COVID-19 will be isolated for a minimum of 7 days after symptom onset and 72 hours after their fever resolves without fever-reducing medicines. For example, if the fever and symptoms resolve on day 7, the staff or child can return on day 10. Staff or children with household contacts with COVID-19 will be quarantined for 10 days after their last household exposure. For most, this will be 10 days after the household contact with COVID-19 is released from isolation.

If your child has a fever, vomits or has diarrhea at school or home, they may not return to school for 24 hours after the symptoms are gone. It is very important to keep your child home if they are not feeling well. If you have any doubts it is better to keep your child home one more day than to send them to school when they are not quite up to it. If your child has conjunctivitis (pink eye) they may not return to school until they have received antibiotic treatment for 24 hours. Remember good handwashing is very effective in keeping disease from spreading. Our policy will cut down on the transition of disease to other children, and our staff.

EMERGENCY INFORMATION

If anything has changed with your emergency or contact information, please contact the Preschool Office so we can update and be sure we have your correct information. When a little one is ill, time is of the essence in trying to reach a parent. In addition if working, please leave-detailed instructions if needed to make it easier for us to contact you at work. Cell phones are not always reliable. We need a back up way to reach you.



AGE APPROPRIATE ACTIVITIES

Babies: Your baby is discovering the world right now. The most important thing that you can do for your baby, after providing for their basic needs, is to help them safely explore the world and build their vocabulary. **Talk to your baby constantly.** For example, when they touch a toy- tell them the toy is hard, plastic/soft, cuddly, etc. Then describe the toy by using shapes and colors. Tell them what you are doing all the time-the sequence of things. "I'm setting the table with plates and silverware and then I am going to cook some chicken in the oven and make some mashed potatoes and green beans." **Read to your baby all the time.** Use board books and soft books that they can touch. When you are doing these things with your baby, you are letting them know that they are loved and valued as well as building their vocabulary and a love of reading.

Toddlers: Toddlers are so curious and discovering things by leaps and bounds at this stage of development. Encourage them to play with blocks and Duplo's. Make sure that they are big enough so they can't swallow them. Show them how to build a tower and knock it down. Give them a choice-Do you want the red block or the blue block? Start counting the blocks and sorting them by colors. Work on naming the colors. Have them show you different body parts and name them. **READ TO THEM** and let them turn the pages in the books. Toddlers are all about testing the boundaries, so be **consistent** with your boundaries. **Redirection** is a good strategy for toddlers. By spending time and doing things with them, toddlers know you love them and are encouraging their naturally curious nature.

Two's: You have heard about the "terrible 2's", but they can also be the "terrific 2's." Most two-year-old children are talking, but they may be limited in their communication skills and become frustrated. When this happens, the child wants your help. A conversation might include something along these lines, "I understand that you are trying to tell me something, so let's slow down and see if you can show me what you want." Ask questions, give them words to use. Eventually, you will figure it out and they will be happy. Two-year-old children are growing very fast physically, emotionally, socially, and mentally. Their vocabulary increases exponentially during this year. They become more independent and can really start helping by picking up their toys, bringing objects to you, and sharing with others. Fred Rogers said that "Play is the work of children." **Let them PLAY!** Pretend with them, read to them, go outside and build those gross motor skills. You can also give them things to explore using their senses, like crayons (with supervision), things with different textures, magnifying glasses, different kinds of music to listen to, and different foods to taste. You and your child will get through the "terrible (terrific) two's"!

Three's: Three-year-old children have discovered friends and love to connect with people. They have definite ideas, likes and dislikes, and make them known to everybody. This is the time to give them art supplies and let them create while teaching them to use the materials correctly. Give them play-doh to build their fine motor skills by rolling snakes and balls.

Give them things to build with so they can develop their engineering and architecture interests. You can really begin to work on letters and numbers with their play time. Magnetic letters on the refrigerator are a great learning tool. Work on running, jumping, and hopping as well as throwing and catching balls when you are outside. Hopscotch is a fun way to work on numbers and gross motor skills at the same time. Read to your child and begin to ask questions about the story, such as, "What was your favorite part of the story? Who were the characters in the story? What would you have done if ...?" Three-year-olds love games and you can make up a simple game of just about anything. Enjoy the time with your child and their sense of wonder about the world.

Four's & Five's (Pre-K): During the Pre-K years, children change, grow and mature. They become independent, responsible, and resourceful human beings. At the same time, they are still loving and want your approval and assurance that they are doing okay. PLAY is still very important but mixed in with that play needs to be learning and preparation for school. Reading books is wonderful because it can expose them to new cultures, different ideas and experiences, and a larger vocabulary. They are naturally curious and most of them want to know why things work the way that they do or why things happen a certain way or what a certain word means. If you haven't already started work on letter identification, now is the time to begin. Start with the letters in their name and then add other letters. Being able to sing/say the ABC's is a good thing, but it is not the same as being able to identify each letter individually. Practice writing their name multiple times and multiple ways. Most people start with all capitals and that is okay. Use chalk, paint, crayons, markers, pencils, pudding, salt/sugar, or shaving cream to practice writing their name. Work on sorting things by shape, size, and/or color. Buttons are a fun thing to sort. Discuss the attributes of different things and compare the similarities and differences. When they are counting objects, watch to see if they are making a one-to-one correspondence or if it is just random counting. Let them see you reading so that they will know that it is important. Talk to your child about what you are doing and help them see the sequence of that activity. You will be amazed at what your child can do and how far they come during this year.



Learning At Home Activities: Cup Tower

Use 10–20 plastic cups and encourage your child to build a tower! How many different ways can your child stack the cups? Who can make the tallest cup tower?



Estimated Time: 20 minutes

Materials:

10-20 plastic cups

Subject: Math and Science

Chocolate No Bake Oatmeal Cookie Recipe

- ✓ 1 stick margarine
- ✓ 2 cups sugar
- ✓ 1 tablespoon vanilla
- ✓ 1/4 cup cocoa
- ✓ 1/2 cup milk
- ✓ 3 cups quick oats
- ✓ Optional Ingredients: you may add one or more of the following, in 1/2 cup portions. Peanut butter (creamy or chunky), coconut flakes, nuts or dried fruit.

In a large saucepan, bring the first 5 ingredients to a boil. Remove from heat add optional ingredients (if you want) and oatmeal stirring till very well blended and everything is covered with chocolate. Then drop by spoonful on wax paper and let cool, then enjoy!

