

NEWSLETTER

APRIL NEWSLETTER 2023

MESSAGE FROM THE DIRECTOR MRS. SHABANA SYED

Insha Allah your Ramadan is filled with blessings and Khair. May Allah swt bless us all and accept our fasting and prayers in this blessed month. Ameen

The month of ramadan is that in which was revealed the Qur'an, a guidance for the people and clear proofs of guidance and criterion. so whoever sights the new moon of the month, let him fast it. (Surah Al- Baqarah, 2:185)

Fasting Benefits of Ramadan



Spiritual Benefits of Ramadan

- Strengthens Taqwa
- Enables to Receive Increased Blessings
- Injects the Feeling of Contentment
- Increases Moral Discipline
- Evokes Empathy
- Weakens the Nafs
- Strengthens Your Relationship with Allah



Physical Benefits of Ramadan

- Reduces Sugar Levels
- Improves Digestion
- Improves Heart Health
- Reduced Inflammation



Mental Benefits of Ramadan

- Improves Mental Strength
- Boosts Spiritual Awareness
- Better State of Mind
- Increased Self-discipline

IMPORTANT DATES TO REMEMBER

1 • First Day of Ramadan ---- March 23

2 • Hygiene Kits Due ---April 5

3 • Iftar @ ICSGV Masjid ----April 7

4 • Ramadan Canned Food Drive ---March 23-April 11

5 • Field Trip-Car Mechanic---April 12

6 • Drop off Canned Food---April 18

7 • In Class Eid Party ---April 19

8 • Eid Ul Fitr ----April 21

9 • Field Trip-Children's Museum April 27

10 • Sadaqa Jar Due ---May 3

11 • NO SCHOOL Eid Ul Fitr ----April 20-21, 24-25

TEACHING CHILDREN OF GIVING IN THE MONTH OF RAMADAN

Teaching your children about sadaqah during Ramadan is one of the best ways to implement this trait in them from an early age, as they learn the importance of charity and the need to share with those who have less than they do. Giving in charity does not just have to be raising money for charities, but can be as simple and sincere as sharing iftar food with your neighbors. This has the added benefit of your children actively participating in da'wah and teaching others about Islam.

Sadaqah is an important part of the holy month of Ramadan. Donating food, clothing, money, and time, picking up trash, helping the elderly, or planting a tree are just some of the ways to show kindness and generosity. Helping your students realize that their efforts can make a difference in their community is so important.

At Little Angels Preschool, I have planned different activities to implement the importance of Ramadan and giving:

- **Sadaqa Jar-** Each student will take home a sadaqa jar to collect any amount to share with the less needy children in the community.
- **Hygiene Kits-** We are planning on collecting essential items for hygiene kits for the homeless.
- **Iftar Packaging-** Parents and children will volunteer at the ICSGV masjid for packing and distributing Iftar boxes. We will then join in to break our fast together with our community.
- **Food Drive-** We will be partnering with the ICSGV/ICNA Food Distribution Center and hosting a Ramadan Food drive to share canned and dry goods with families in need.
- **Eid Party-** We will have our special Eid class party!



MARCH HIGHLIGHTS

We participated in a week long Read Across America. Each day, parents volunteered to read Dr. Seuss Books. Cat in the Hat, Green Eggs and Ham, The Foot Book, One Fish, Two Fish, Red Fish, Blue Fish, and Fox in Socks. Thanks to Duha Salamah, Fida Salamah, Lubna Khan, Alia Ahmad, and Raheem Ahmad for making this week memorable. With this we participated in wearing crazy hats, wore something green, PJs, dressed up as twins, and missed matched socks. We all had so much FUN!

In an effort to bond with one another and had fun with our children's classmates and their families! We all gathered for a Family Fun Day at the Park. Alhamduillah it was much needed time spent together away from school. The month of Ramadan started so we decorated our classrooms and talked about what is Ramadan and

WHAT IS RAMADAN?

WE ASKED FAMILIES TO TELL US WHAT IT MEANS TO THEM

Ramadan is the blessed month where the Holy Quran was sent down to our Beloved Prophet pbuh to guide us into the way of life of a righteous Muslim thus making it the holiest and month of the Islamic calendar and extremely special. During this month, we are blessed with the opportunity to purify our souls and reconnect with our deen on a deeper level. It's a time not only do we fast from food but also our eyes, ears and it's the time for us to pray more, give more charity, think of the less fortunate and get closer to Allah. It's the time of year the Big Shaitans are chained up and we aren't distracted with his haram ways.

During this month we abstain not only from food but certain acts to strengthen our deen. Ramadan isn't only about fasting from food but it's also the month we are able to purify our souls, reconnect with Allah and appreciate everything. I pray we leave Ramadan as better Muslims than when we entered, woe to those who did not use this time to expiate any sins or gain any hassanat. It's a time to remember the less fortunate and those going through trials and get closer to loved ones, it is the time to not be selfish rather selfless. There's so much beauty in it words simply cannot describe this beautiful time of year We fast during Ramadan and gather with family and friends to break iftar. This year we made a mini masjid for the kids and decorated a little bit.

Inshallah the Goal is to educate the kids a little on Ramadan since they're getting older inshallah

-Amnah Ahmad

Ramadan is a special time of the year where we are reminded to be the best version of ourselves and make the intention to continue to do so the rest of the year. We love the month of Ramadan as a family because everything seems so much more special: family bonding time, praying together, cooking together, eating together, going to the masjid together, and practicing good deeds together.

-Fida Salamah

For our family, Ramadan means remembering the mercy and kindness of Allah. It is a reminder of all the blessings we have been given, from food, to a safe home, to health, and so on. It is also about doing an abundance of good deeds so we can learn better habits and improve ourselves. We try to help others, give to charity, and read Quran so that we may earn the blessings of this month.

We have a few small traditions we love to practice during Ramadan. We start by welcoming this blessed month by cleaning the house and putting up our decorations. We love putting up lights and lanterns. We also have a tradition of displaying a "good deeds" tree, where Rania picks a little card every morning during the month with a good deed written on it, and she hangs the card on her little tree. She completes the good deed at any point in the day and by Iftar time, she earns a small treat which she picks from her Ramadan pocket calendar. Rania loves this tradition because she enjoys doing the good deeds and earning her reward. We also love to pray together and make a point to do this more often. This year, we would like to start reading Quran together each day as a family. We are hoping to make it fun and cozy, by popping some popcorn or warming up some hot chocolate and reading/listening to a few verses together inshallah.

Inshallah hoping this Ramadan is a blessed month for us all!

-Alia Ahmad

Ramadan to us is a time of togetherness. We like to get away from school and work and be able to be together all day. We grocery shop together cook together and most importantly breakfast and pray together. We like to travel to dominant Islamic countries so when we go out Ramadan is in front of us everywhere we go. All the mall and shops are decorated with Ramadan and Eid decor. So we feel it's a better experience for the family.

-Sheref Omar

WHAT IS RAMADAN?

WE ASKED FAMILIES TO TELL US WHAT IT MEANS TO THEM

Ramadan to us is a time for ourselves and the Muslim community to deepen our faith, strengthen our relationship with Allah, and renew our commitment to living a moral and righteous life. As a family we use this special time to re-center our intentions and our deen.

As a family we cherish this time to reconnect and in many cases deepen our bond with family and community thru iftar, spending time in masjid. We pray for forgiveness and hope this month realigns us for another year.

-Osman Waraich and Rabia Rehman

Ramadan is the most blessed month of the year. It is the month to recharge and boost our Imaan to the level where we can take it to the rest of the year. It is said the sahabas used to contemplate the entire year around this month: half of the year, they were waiting and praying for the month to come in their life, and they'd take away the boosted-up Iman from Ramadan for the second half of the year.

This blessed month is also the month of Quran. Allah (SWT) gifted us with the guidance for our life in this month.

Fasting is an obligatory act that all adult and physically able-bodied person must perform in this month of Ramadan. Fasting helps us spiritually cleanse our soul and prepare us for devotion to prayers.

What do you do as a family in Ramadan?

We reflect as much as possible in this month.

- We go to the masjid to break fast during Iftar
- Go for taraweeh every night
- Increase dhikr and read Quran
- Parents usually perform khatmul Quran every Ramadan.
- Everyone's prayer engagements are increased in this month to achieve more.

In the last 10 days, we try to pray even more in the hope of catching the lailatul Qadr, the honored night, as it is mentioned in the quran that whoever is able to catch the night with prayers, equivalent to 1000 months of reward will be added to his book.

-Mohammed Z. Alam

Ramadan is a month of blessings. This month is an opportunity to cleanse our body and soul of impurities. We use this time to break our routine of worldly affairs, and get closer to Allah with an intention to make long term changes in our character.

As parents of a toddler, we have been making changes in our Ramadan routine in the last couple of years. We had him help with decorating the house in preparation for Ramadan to get him excited for coming month. We break our fast together and pray maghrib as a family. Our goal is to create an enjoyable environment so our kids are intrigued and excited to learn about our beautiful deen.

-Ambreen Zaman

Ramadan The month of goodness, month of affection, the month of tranquility and serenity of the soul, the month of mercy, the most beautiful and the lightest months of the year. Ramadan always brings us with these we Love.. Ramadan Kareem

-Doaa AlDabbor

READ ACROSS AMERICA WEEK

MONDAY MARCH 6TH

DUHA SALAMAH
DR. SEUSS BOOK CAT IN THE HAT



MONDAY MARCH 7TH

FIDA SALAMAH

DR. SEUSS BOOK GREEN EGGS AND HAM



MONDAY MARCH 8TH

LUBNA KHAN

DR. SEUSS BOOK THE FOOT BOOK



MONDAY MARCH 9TH

ALIA AHMAD

DR. SEUSS BOOK

ONE FISH, TWO FISH, BLUE FISH, RED FISH



MONDAY MARCH 10TH

RAHEEM AHMAD

DR. SEUSS BOOK FOX IN SOCKS



LITTLE CHEFS

MAKING FRESH FRUIT SMOOTHIES



RAMADAN ACTIVITIES

HANDS ON PROJECT- SADAQA JAR



MARCH CLASS

ACTIVITIES



BOOK READING

RUKHSANA KHAN

IT'S RAMADAN CURIOUS GEORGE



FAMILY DAY AT THE PARK

HAVING FUN!!!



AT HOME

ACTIVITIES

Learning At Home Activities: Sort it Out!

- 1) Find groups of miscellaneous objects around the house
 - These objects could be silverware, cereal, M&Ms, jelly beans, plastic dishes, toys, blocks, leaves, sticks, and straws!
- 2) Encourage your child to sort objects into groups by size, shape, color, texture, and taste!



Estimated Time: 15-20 minutes

Materials:

Miscellaneous objects around the house

Subject: Sensory and math



CANDY RACE CARS

- MINI SIZE CANDY BARS
- TEDDY GRAHAMS
- M&M'S OR OTHER ROUND CANDIES
- CHOCOLATE FROSTING

Cut a small hole out of the top of the candy bar for the driver. Add a dot of frosting and add a teddy graham. Add a dot of frosting in spots for the candy

wheels and steering wheel. Add M&M's on top of the frosting.

